



Brown-Bag Lunch Agenda

20 July 2018 | 12-1 pm

“Although horticultural therapy is a comparatively young profession, the concepts upon which the profession is built are as ancient as the pyramids” (Simson & Straus 1998). The purpose of this lunch session is to gain an overview of the history of therapeutic horticulture and to discover ways in which the practice could help us improve the well-being of residents in central Wisconsin.

I. Brief Introductions

- a) Your Name
- b) Profession
- c) What are you hoping to gain today, or throughout these sessions?

II. A History of Therapeutic Horticulture

III. Therapeutic Horticulture in Wisconsin

IV. Therapeutic Horticulture Objectives for Marathon County

- a) Improve the well-being of people in our communities
- b) Provide educational opportunities
- c) Focus on skill-building

V. Questions, Comments & Discussion

Future Lunch Sessions 12-1 pm at 212 River Drive, Wausau, Room #5

- **10 August 2018:** Evidence-based techniques for gardens and programs
- **17 August 2018:** Documented benefits of therapeutic horticulture
- **24 August 2018:** Discussion of your specific needs related to horticulture

Please contact Brianna Wright (brianna.wright@ces.uwex.edu; 715-261-1241) for information on participating via video conference. You may register to attend sessions at: <https://goo.gl/forms/G4TDRnkXAF94A1wf2>.

An EEO/AA employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title VI, Title IX, and the Americans with Disabilities Act (ADA) requirements.

